



Fun Friday

This is an option for Friday afternoons for kids who just want to do something different and have some fun. Fun Friday activities that you don't use in one week, you can certainly hang onto for use later. If children are going to get wet, eat something out of the ordinary, please let parents know in advance. You may need to offer alternatives. There are two options for each of five weeks.

December 1

Activity #1	Activity #2
Ping Pong Ball Relay	Build A Tower
What you will need:	What you will need:
4 ping pong balls and 6 cups filled to the brim with water and 1 empty, for each team	Jenga Wooden Blocks set for each team
What you will do:	What you will do:
Divide children into two teams Place the cups full of water in a line and place the empty cup at the end of the line One player at a time, player blows the ping pong ball from the first cup to the empty cup. If player blows the ball off the water, he/she may pick the ball up and start back at the beginning. After two tries the player goes to the end of the line and the next team member takes over. If all 4 ping pong balls are in the end cup and the team has not all played, remove the balls (keeping track that the score is 4) and continue until all team members have competed. Record Points	Divide children into 4 teams Give each team the same number of Jenga blocks Once in the teams, each player gets the same number of Jenga blocks When you say "Go!", players on each team begin to build the tower. The players must take turns, working together to build the tallest tower in a minute If tower fall over, the team must start again. Call time when 1 minute has passed. Count the blocks. Record that number. This is the best out of 5 tries. Record points



December 8

Activity #1	Activity #2
Longest Straw	Empty A Box
What you will need:	What you will need:
Straws	Box or container Cotton Balls
What you will do:	What you will do:
Divide the children into groups of 3-4 Each team is to build the longest straw possible by combing straws. Straw must hold together when lifted Record points	Divide children into groups of four Give each group of four a box with cotton balls in it Have the children stand on the four sides of the box When you say "Go!", children start to blow the cotton balls out of the box. When you say "Rotate!" the children must move one position to the left (clockwise). Call rotate at least 4 times so everyone is at every position After 1 minute, teams count how many cotton balls have been blown out of the box Record points

December 15

Activity #1	Activity #2
Take A Header	Plates and Cups
What you will need:	What you will need:
Cotton balls Spoons Two bowls per team	5 paper plates 9 cups for each team
What you will do:	What you will do:
Divide the children into two teams When you say "Go!", the first team member puts the bowl on his/her head and begins to fill it by spooning the cotton balls from the bowl on the table to the bowl on his/her head For younger children, a team member can help hold the bowl on the head to the person Each child takes a turn as the bowl is emptied Game is over when all have participated Record points	Divide the children into two teams Have each player, one at a time, build a tower, as tall as possible, using all of the cups and the plates When one player completes the tower, the tower is taken down and the next player comes forward Record points

December 22



Activity #1	Activity #2
Yank Me	There's A Hole in My Plate
What you will need:	What you will need:
5 paper cups Four 5" x 8" index cards	Ping Pong Balls Paper plate with hole cut in it, big enough for the ping pong ball to go through Tray Container
What you will do:	What you will do:
Divide the children into 4 teams Each team should make a stack, cup, card, cup, card, cup, card, cup, card, cup Players (one at a time) come up and try to remove the card without crashing the tower. After each failed attempt, put the card back in. If the player succeeds, the stack is left alone, and the next player removes the next card. Record point	Divide the children into two teams Spread the ping pong balls out on the tray Using the plate with a hole in it, the player should pick up a ping pong ball from the tray and drop it into the container through the hole in the bottom of the plate Team all takes a turn. If ball drops but not in the container, player must start over with a ball in the tray. Record points

December 29

Activity #1	Activity #2
Just Kickin'	Shoot 'Em Up
What you will need:	What you will need:
Cups Yarn Popcorn or packing peanuts	Plastic cups with bottoms cut out Balloons (cut off the end furthest away from the end you blow into) Marshmallows Target (have each team make a target with three levels)
What you will do:	What you will do:
Have each child tie the cups to his/her shoes Fill the cups (one on each foot) with popcorn or packing peanuts When you say "Go!" all the children begin shaking out all of the popcorn (packing peanuts) Player who clears cups first, wins. Can do the best 2 out of 3 if you desire Record points	Divide the children into teams of 4-5 Distribute the supplies to the children Start by tying a not in the end of the balloon you blow into Stretch the balloon over the opening, load with marshmallows, pull back on the balloon and shoot Every team member must have 4 attempts at getting points. Record points